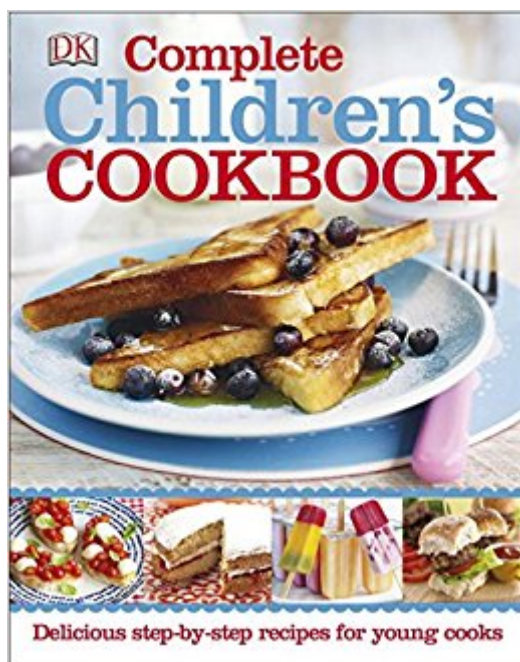


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# Complete Children's Cookbook



## Synopsis

Delicious dishes kids will really want to make. More than 150 fabulous recipes, divided into nine themed chapters (Breakfast, Soups and Salads, Light Bites, and more) will have you and your child in the kitchen and cooking in no time. From French toast to rainbow salad, vegetable lasagna to tomato soup, and ice cream to mini muffins, Complete Children's Cookbook has a recipe for every occasion. And with beautiful full-color photography, simple instructions, and a focus on safety, each one makes an ideal cook-together project that will have children excited to try the new flavors in the dishes they helped make. The step-by-step instructions are easy to follow and feature a picture for every step, so children can see clearly just what to do as they build basic cooking skills, safe kitchen practices, and adventurous palates.

## Book Information

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Average Customer Review: 4.6 out of 5 stars 88 customer reviews

Best Sellers Rank: #23,051 in Books (See Top 100 in Books) #23 in Books > Children's Books > Children's Cookbooks

Age Range: 7 - 10 years

Grade Level: 2 - 5

## Customer Reviews

**How to Make Sunflower Loaves**                      **Sunflower Loaves**    Fill your kitchen with the homey smell of bread-making. Sunflower seeds are great to nibble on, too, while your bread is baking.    Wash the pots thoroughly.    Preheat the oven to 400° F. Oil the pots inside and out and bake for 35-40 minutes. Let them cool. Repeat the process two more times.    Put the flour, salt, sugar, and yeast into a bowl. Make a well in the center and pour in the water and olive oil. Mix to make a soft, but firm dough.

Turn the dough onto a lightly dusted work surface. Knead well for at least 10 minutes. Ask an adult

to take a turn if your arms get tired. Add the sunflower seeds. Knead them into the dough so that they're evenly spread. Divide the dough into 4 pieces. Place one ball into each flowerpot. Cover the pots with a plastic bag and leave until the dough has doubled in size.

#### How to Make Mint Chocolate Pots

Pour the cream into a small pan. Add the mint. Heat gently until nearly boiling, then remove from heat, cover, and let stand for 30 minutes.

Pour the milk into another small pan. Heat gently. Remove from the heat and stir in the chocolate pieces until melted and the mixture is smooth. Whisk the egg yolks and sugar together. Add the chocolatey milk and the minty cream. Mix well, then strain the mixture through a fine sieve to remove the mint. Pour mixture into 4 ramekins and bake. Dessert is served! Let cool, then refrigerate for a few hours. Make a stencil out of cardboard and sift confectioners' sugar on top for a knockout decoration. Decorate just before serving.

#### Four Ways with Kebabs

Chicken Satay This is a popular kebab recipe. Always soak the wooden skewers in cold water for 30 minutes to prevent them from burning.

Tofu Chunks This colorful kebab would make a perfect vegetarian option for a summer barbecue.

Lamb with Mint Lamb is delicious when flavored with herbs and spices. You can make a mint and yogurt dip to accompany this classic kebab. Shrimp and Peppers These bright and colorful kebabs are full of flavor. Squeeze lime juice on them to serve.

#### How to Make Tomato Soup

Tomato Soup Soup is a comforting meal or snack and it makes an easy appetizer to a main meal. This soup is wonderfully thick and creamy and is topped with small pieces of toast, called croutons. Peel and chop the onion and carrot. Heat half the olive oil in the saucepan over medium heat. Add the onion and carrot. Cook for about 5 minutes to soften, stirring occasionally. Stir in the garlic and flour and cook the mixture for 1 minute. Add the tomatoes, paste, stock, sugar, and lemon juice. Bring to a boil. Reduce the heat and simmer for 20-25 minutes.

Beautiful pictures, plenty of helpful information, wonderful recipes for all ages. My 5 year old grandson can't wait to make Grandma something yummy!

I bought this for my 11 year old granddaughter and she likes it very much. She finds the recipes easy to follow.

Nice book for children. Bought it in conjunction with a few other cookbooks for my daughter who's starting to explore cooking.

AAAAA+++++

Good pictures, easy to follow directions. Very nice selection of recipes.

My grandson LOVES this cookbook! Easy to use. Appetizing and delicious pictures and recipes. He is now 9 year old chef ! So happy with this cookbook!!

My 7 year old grand son kept checking this book out from the library. We had tried a the recipes so I decided to get one for him. He loves it.

Lots of depth to the recipes, not a mac n cheese with hot dogs book. My nieces loved it, nephew may have been jealous too.

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